



****FOR IMMEDIATE RELEASE****

August 26, 2024

Media contact:

David Cordero

Email: david.cordero@sgcity.org

Phone: 435-627-4051

Volunteers, the indispensable soul of the St. George Marathon, are needed for this year's event

ST. GEORGE — The St. George Marathon has been a community tradition since its inception in 1977. The race has attracted thousands of runners from across the United States and around the globe due to its fast course, qualification opportunities for the Boston Marathon, stunning scenery and nearly perfect October weather.

Yet equally as crucial to the Marathon's success is the amazing quality of its enthusiastic volunteers, who serve as the indispensable soul of the City's signature event.

"Every year the participants of the race are amazed by the volunteers," said Michelle Graves, Assistant Parks and Communication Services Director. "Our volunteers are upbeat and friendly, making it a great experience for everyone. You don't need any experience to volunteer — just a positive attitude!"

Scheduled for October 5, 2024, the [St. George Marathon](#), presented by Intermountain Health, relies on about 2,500 volunteers. These volunteers are crucial to the event's success. They help with tasks such as: distributing race packets, staffing aid stations, handing out medals, retrieving clothing and much more.

Volunteering isn't just about giving back; it's about connections and community. For longtime volunteer Susi Lafaele, the joy of volunteering goes beyond helping at aid stations. It's the shared experiences and friendships developed that keep her coming back year after year.

CITY OF ST. GEORGE



“One of my favorite things is to look for my cousin from Mapleton who runs every year; or Pastor Ralph Clingan of the Good Shepherd Presbyterian Church, who has finished 16 St. George Marathons; or cheering on local running legend Aaron Metler as he seeks to win another marathon,” said Lafaele, a St. George resident who usually tends the aid station at mile marker 23 near the Chuckwalla Trail. “I love seeing those who, even grimacing in pain, are proud that they’ve made it this far. For me, volunteering has become more than just a tradition, it’s a family event.”

Those interested in volunteering can sign up [here](#) or call 435-627-4500 with questions.

More information

www.stgeorgemarathon.com

About the St. George Marathon

Rated by Runner’s World as one of the four “Marathons to Build a Vacation Around” in the World and included in Runner’s World 10 Most Scenic and Fastest Marathons and Top 20 Marathons in the USA, the St. George Marathon begins in the majestic Pine Valley mountains and descends nearly 2,600 feet through scenic southwest Utah. A staple in Southern Utah since 1977, St. George Marathon is a point-to-point race which is USA Track & Field certified and sanctioned. Runner’s World listed the St. George Marathon as the fastest fall marathon.

###

CITY OF ST. GEORGE